WEEK 1 5/5, 5/19, 6/2

NATIONAL SCHOOL DISTRICT MENUS MAY 5, 2025 – JUNE 6, 2025

DAILY CHOICE OF:

1% white or nonfat flavored milk with each meal

BREAKFAST

FREE STUDENT MEALS SERVED EVERY DAY

Breakfast is served 45 minutes before first bell

MONDAY

Mini Pancakes

whole wheat confetti pancakes

Pan Dulce

whole grain pan dulce (concha)

Assorted Cereal &

String Cheese

whole grain cereal varieties

Bagel & Cream Cheese

whole grain bagel

TUESDAY

Muffin Top

whole grain muffin with sweet potato and chocolate chips

Assorted Cereal & String Cheese

whole grain cereal varieties

WEDNESDAY

Breakfast Burrito

whole grain tortilla with egg, cheese, and beef chorizo

Lemon Square

whole grain lemon breakfast square

Assorted Cereal & String Cheese

whole grain cereal varieties

THURSDAY

Snack'n Waffle

whole wheat maple waffle

Muffin Top

whole grain muffin with sweet potato and chocolate chips

Assorted Cereal & String Cheese

whole grain cereal varieties

FRIDAY

Bagel Sandwich

whole grain beef sausage & cheese

Pan Dulce

whole grain pan dulce (concha)

Assorted Cereal & String Cheese

whole grain cereal varieties

ADULT MEAL **PRICES**

Breakfast Meal \$4.25 Lunch Meal \$5.75 Milk \$0.50

LUNCH

This Institution is an equal opportunity provider. Menus subject to change

MONDAY

Brunch 4 Lunch

whole grain french toast sticks and

turkev sausage

TUESDAY

Alfredo Pasta

whole wheat penne pasta with alfredo sauce served with a garlic knot

Chicken Sandwich

Chicken Drumstick whole muscle meat cooked with whole baked chicken with whole grain breading grain breading served with roll

Bean & Cheese Burrito

whole grain tortilla

WEDNESDAY

Crispy Chicken Tenders

whole muscle chicken tenders made with whole grain breading

All Beef Cheeseburger

100% char-broiled beef steak burger on whole grain bun

Macaroni & Cheese

whole grain pasta made with reduced sodium American cheese

THURSDAY

Orange Chicken & Vegetable Brown Rice

Whole grain whole muscle chicken glazed in Mandarin orange sauce

Beef Taguitos

whole kernel corn flour tortillas with beef taco meat

Low Fat Yogurt

with whole grain granola

FRIDAY

Tamale in Red Sauce

Made with chicken & whole ground white corn masa flour

Pepperoni Pizza

skim milk mozzarella cheese & turkey pepperoni on baked whole grain french bread crust

Cheese Pizza

skim milk mozzarella cheese on baked whole grain french bread crust

SALAD BAR

Choose from Fresh Fruits and Vegetables Offered Daily

Varieties Include: Tossed Salad.

Carrots, Cucumber, Tomatoes, Jicama, Cauliflower, Broccoli, Celery, Beans. Pears. Apples, Oranges, Bananas. Strawberries, 100% Juice & more

Toasted Cheese Sandwich

freshly made whole grain sandwich, lightly toasted, with American cheese

WEEK 2 5/12, 5/27

NATIONAL SCHOOL DISTRICT MENUS MAY 5, 2025 – JUNE 6, 2025

DAILY CHOICE OF:

1% white or nonfat flavored milk with each meal

BREAKFAST

FREE STUDENT MEALS SERVED EVERY DAY

Breakfast is served 45 minutes before first bell

MONDAY

Mini Pancakes

whole wheat confetti pancakes

Pan Dulce

whole grain pan dulce (concha)

Assorted Cereal &

String Cheese

whole grain cereal varieties

Bagel & Cream Cheese

whole grain bagel

TUESDAY

Muffin Top

whole grain muffin with sweet potato and chocolate chips

Assorted Cereal & String Cheese

whole grain cereal varieties

WEDNESDAY

Breakfast Burrito

whole grain tortilla with egg, cheese, and beef chorizo

Lemon Square

whole grain lemon breakfast square

Assorted Cereal & String Cheese

whole grain cereal varieties

THURSDAY

Snack'n Waffle

whole wheat maple waffle

Muffin Top

whole grain muffin with sweet potato and chocolate chips

Assorted Cereal & String Cheese

whole grain cereal varieties

FRIDAY

Bagel Sandwich whole grain beef sausage & cheese

Pan Dulce

whole grain pan dulce (concha)

Assorted Cereal & String Cheese

whole grain cereal varieties

ADULT MEAL **PRICES**

Breakfast Meal \$4.25 Lunch Meal \$5.75 Milk \$0.50

LUNCH

This Institution is an equal opportunity provider. Menus subject to change

MONDAY

WEDNESDAY

Crispy Chicken Tenders

whole muscle chicken tenders made with whole grain breading

All Beef Cheeseburger

100% char-broiled beef steak burger on whole grain bun

Macaroni & Cheese

whole grain pasta made with reduced sodium American cheese

THURSDAY

Teriyaki Chicken & **Vegetable Brown** Rice

whole muscle chicken with sweet teriyaki sauce

Beef Taguitos

whole kernel corn flour tortillas with beef taco meat

Low Fat Yogurt

with whole grain granola

FRIDAY

white corn masa flour

turkey pepperoni on baked whole grain french bread crust

SALAD BAR

Choose from Fresh Fruits and Vegetables Offered Daily

Varieties Include: Tossed Salad. Carrots, Cucumber, Tomatoes, Jicama, Cauliflower, Broccoli, Celery, Beans. Pears. Apples, Oranges, Bananas. Strawberries, 100% Juice & more

Brunch 4 Lunch

whole grain french toast sticks and turkev sausage

Chicken Drumstick

baked chicken with whole grain breading served with roll

Toasted Cheese Sandwich

freshly made whole grain sandwich, lightly toasted, with American cheese

TUESDAY

Rotini with Italian Meat Sauce

whole wheat rotini with Italian beef sauce served with a garlic knot

Chicken Sandwich

whole muscle meat cooked with whole grain breading

Bean & Cheese Burrito

whole grain tortilla

Tamale in Red Sauce

Made with chicken & whole ground

Pepperoni Pizza

skim milk mozzarella cheese &

Cheese Pizza

skim milk mozzarella cheese on baked whole grain french bread crust